

## Peer Support Line

**877-733-7563**  
**(877 PEER LNE)**  
(no "i")

### Hours of Operation

**7 Days a Week from 4 pm-7:45 pm.**

We are a compassionate community phone service, staffed by Operators who have lived experience with mental health and substance use issues. We provide a supportive ear to callers who want to share their thoughts and feelings about life and its challenges with a person who also has lived experience.

Operators talk about the day-to-day experiences of living with mental health issues, and they focus on transformation and recovery possibilities from a place where many people feel disabled, isolated, and perhaps stuck. The message of hope is emphasized, based on the personal accomplishments and achievements of wellness by the Operators.

For more information, contact  
Yuka Gordon:  
[yuka.gordon@bmc.org](mailto:yuka.gordon@bmc.org)  
(617) 875-4997



*Come grow with us!*

**Our Recovery Centers offer  
services seven days a week!**

The Main Business Office of the

MBRLC is at:

85 East Newton Street

Boston, MA 02118

Yuka Gordon, Director

[yuka.gordon@bmc.org](mailto:yuka.gordon@bmc.org)

(617) 875-4997

**BOSTON**  
**MEDICAL**  
CENTER

EXCEPTIONAL CARE. WITHOUT EXCEPTION.

Major funding from the  
Department of Mental Health



*Boston Resource Center  
Cambridge/Somerville RLC  
Hope Center  
Peer Support Network*

[mbrlc.org](http://mbrlc.org)





## [Opening Doors to the Arts \(ODA\)](#)

We obtain free and reduced-price tickets to concerts, theater, and other events. Typically, several different events are available every week.

[howard@openingdoorstohearts.org](mailto:howard@openingdoorstohearts.org)  
[www.openingdoorstohearts.org](http://www.openingdoorstohearts.org)

---

## [Peer Bridgers](#)

Our peer bridgers help ease the transition between the hospital or other institutions and your next steps in life.

<https://www.mbrlc.org/peerbridgers>

(617) 875-4997

## Our Recovery Learning Centers

**Boston Resource Center (BRC)**  
85 East Newton Street, Ground Floor

**Boston, MA 02118**

The BRC offers peer support and hybrid (Zoom/in-person) groups on Mondays, Wednesdays and Thursdays.

For more information, contact Yuka Gordon, Director:

[yuka.gordon@bmc.org](mailto:yuka.gordon@bmc.org)

(617) 875-4997

---

**Cambridge/Somerville Recovery Learning Center (CSRLC)**

*Our physical site is now located at:*  
**61 Innerbelt Road  
Somerville, MA 02143**

CSRLC offers a variety of peer support groups over Zoom, and a few in-person groups on Tuesday/Wednesday.

For more information, contact Janel Tan:

[tanj@vinfen.org](mailto:tanj@vinfen.org)

617-863-5388

**Hope Center**

**25 Staniford Street, Plaza Level  
Boston, MA 02114**

Hope Center offers a range of in-person and online peer support groups Tuesday-Thursday each week.

Schedules are posted at

<https://www.mbrlc.org/hope-center>

For more information, contact Julie Anne Entwistle:

[jentwistle@northsuffolk.org](mailto:jentwistle@northsuffolk.org)

(617) 454-4621

---

**Peer Support Network (PSN)**  
**31 Bowker Street, 5th floor  
Boston, MA 02114**

PSN is open from 10 to 3, Monday through Friday. They offer hybrid groups, both in person and on Zoom.

For more information, contact Ruthie Poole:

[PSN@baycove.org](mailto:PSN@baycove.org)

(617) 788-1034